S'MORE FUN TOGETHER

YMCA CAMP IMMOKALEE
2019 Program Handbook

camp.fcymca.org

YMCA CAMP IMMOKALEE
6765 Immokalee Rd.
Keystone Heights, FL 32656
352.473.4213
WELCOME OUR FAMILY!
A LETTER FROM OUR DIRECTOR

Thank you so much for choosing YMCA Camp Immokalee as your child’s home away from home this summer. I know sending your camper away to overnight camp takes a lot of trust, and I want you to know that neither I or our staff take that lightly. Since 1909, Camp Immokalee has been providing safe, fun, and high quality summer resident camp programs for youth in Florida and around the world. This summer, we’re going to do that better than ever.

YMCA Camp Immokalee is a place where campers can grow in so many ways, just outside the watchful eye of their families. They can try new things, meet new people, push themselves in new ways, and much more. Through it all, our incredible staff will be there providing support and cheering them on. To top it off, we create an environment where these healthy risks are FUN! There’s truly no place like camp, and more specifically, there’s no place like Camp Immokalee.

Our camp exists because parents like you put their faith in us, so we consider parents and campers our partners in all that we do. Please contact us at anytime to let us know what questions, suggestions, and concerns you have. Again, thank you so much for trusting us to be a part of your campers’ lives.

Allison Vining
Associative Executive Director
YMCA Camp Immokalee

To learn more about Allison or to meet our assistant director Abbi, head to our website!
GETTING READY: BEFORE CAMP

MUST-KNOWS

- Balances and forms are due June 1.
- After registering, information (including cabin requests) can be updated by emailing us at avining@fcymca.org.
- Camp fees outside the deposit are refundable until two weeks before your session.
- A current (within 12 months) physical must be on file to attend camp.
- A packing list is included at the end of this handbook.
- After you register through Daxko, you will get an email prompting you to log into PlayerSpace. This is where you will fill out and upload required forms.

HELPFUL HINTS

IMPORTANT CONVERSATIONS

Coming to camp, whether for the first time or the eighteenth time, can sometimes cause nerves for parents and campers. This is totally normal! However, talking about this ahead of time can make your camper's experience much better. Try these tips:

- Ask your camper they are feeling about camp.
- Explain that it's okay to feel nervous or anxious.
- Share with your camper that you'll miss them, but then share what you hope they get out of the week. Try not to stress that you'll miss them TOO much - this can burden them while at camp.
- Avoid promising your camper you'll come get them if they don't like it. (You can know in your head that you will, but for a camper, hearing that may make it more difficult to let go and have fun during the week.)
- Brainstorm things you can do before camp and during camp to help with the nerves and anxiety.
- Make a list of questions and concerns that would help you both feel better and get in touch with Allison (our director) by phone or email. (You can even schedule a tour if you'd like!) 
- Include them in packing and purchasing decisions so they feel ownership over their own camp experience.
PACKING
You’ll find a packing list at the end of this handbook, but it isn’t always as easy as going down the list and throwing it in a bag! Some parents want more information, and that’s what we’re here to provide.

Packing can be done in any kind of container - chests, stacking drawers, duffel bags, suitcases - you name it! This part is really a personal preference. Some families (especially of younger campers) will pack daily outfits in Ziploc bags. Again, a personal preference!

Sharing a cabin and moving around camp often sometimes lead to items getting lost, so we encourage you to label your campers’ items. You can do this with a simple permanent marker, or you can use a company like IdentaMe (available online).

Please think twice before packing valuables, as camp is not reasonable for any personal property brought to camp. Be sure to check the “Don't Bring” portion of our packing list!

CABIN REQUESTS
Cabin requests are the way you request that someone be in the same cabin with your camper. There was an option to do this when you registered, but it’s difficult to return to. If you need to make a change, email Allison at avining@fcymca.org. We’ll try our best to accommodate cabin requests that are within two years of age and that do not take up more than half the cabin.

If you don’t have a cabin request, that’s fine! Many campers come without buddies, and it’s a great way to make new friends. If you get to camp and see that your camper does have a friend there but they’re in different cabins, come back to the Dining Hall to find Allison. There are no guarantees, but we’ll see what we can do!
HAVING FUN: AT CAMP

MUST KNOWS

<table>
<thead>
<tr>
<th>CHECK IN: SUNDAY DINING HALL</th>
<th>CAMPER AGE</th>
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<tbody>
<tr>
<td>TIME</td>
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<tr>
<td>2:00 - 2:45</td>
<td>7 - 10</td>
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<td>2:45 - 3:15</td>
<td>11-13</td>
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<td>3:15 - 4:00</td>
<td>14+</td>
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If you are bringing campers in different age brackets, please check in during the earliest time. More information on the check in process can be found in our check in guide toward the end.

- Camp is tech-free. Please make sure your camper’s cell phone is in the car before leaving. If you need to communicate with your camper during camp (or if you just want to check in), please call our camp office.
- Not all phone calls are bad! If you see Keystone Heights on the caller ID, it doesn’t automatically mean something is wrong. We may call parents to let them know something positive has happened with their camper!
- Medications must be brought to camp in the original container. It will be administered according to the instructions printed on the label. A medication authorization form must be completed by the registering parent/adult prior to check in. All medication must be submitted to camp staff.
- Parents can add to their camp store account at check in. Find more information in the next section.
- Please refrain from sending occasionally used over the counter medicine. Our infirmary keeps these items in stock. However, if you take a certain medicine daily, we appreciate you sending a supply.
- Our medical staff or leadership team will call you if we’re concerned about your camper’s health. Generally, we'll call if a camper runs a fever above 101 degrees, runs a fever continuously for 12 hours, vomits without evident cause, or has another severe issue. If a camper must leave for medical reasons, we will issue a refund pro-rated based on attendance.
- Campers and staff must adhere to behavior guidelines. More information can be found in our Behavior and Behavior Management section.
- Pictures will be posted on Facebook daily.
ADDITIONAL INFORMATION, POLICIES, AND HELPFUL HINTS

HEALTHCARE
All staff are CPR/First Aid certified, and we have a nurse on staff. Our nurse will administer daily medication and take care of basic camp issues like cuts, scrapes, and bruises. Our staff may assist when necessary. Our infirmary is stocked with a variety of medical supplies, including many over-the-counter medicines. In the event of emergencies, campers will be taken to St. Vincent’s hospital in Middleburg.

All campers will undergo a health check upon arriving at camp. Because camp takes place in such close quarters, we screen all campers for lice and athlete’s foot. If a camper is found with either, we cannot admit them to camp at that time. However, we’re happy to welcome them back once our nurse has confirmed the issue has been taken care of. Campers are welcome to come back even that week, but if something requires more time, we’re happy to work with you to move to any other session that still have availability.

CAMPER COMMUNICATION
Campers are not allowed to have phones at camp, but that doesn’t mean you can’t communicate with them! You can contact your camper by:

- Sending an email to CImmokalee@fcymca.org with your camper’s name and cabin (if known) as the subject. We will print these around 11:00 a.m. each day, so please plan appropriately. Also, because of our large number of campers, we cannot accommodate camper responses via email.
- Dropping off letters and/or packages at check in. (You can swing back by the dining hall after dropping your camper off if you don’t want them to know.)
- Calling our office. While you won’t be able to speak with your camper right away, we are happy to check in on them and call you with an update, pass on messages, or bring them to call you back if you’d like. However, speaking with a camper during a session can sometimes make homesickness even more difficult, so please consider how your camper may react if you request to speak with them.
- Sending "snail mail" to: Camper Name, Camper Cabin (if known)
  6765 Immokalee Rd.
  Keystone Heights, FL 32656
Homesickness isn’t a bad word. It’s a normal part of life. In fact, according to the American Psychological Association, about 90 percent of young people reported feeling some sad feelings when spending time away from home. Homesickness can occur in varying levels, and many times, a little homesickness can be good for campers - by the end of the week, they’ll know it’s just one more thing they’re capable of getting through. Our staff are trained to work through homesickness with our campers.

In the event your camper experiences severe homesickness, one of our leadership team members will give you a call. We believe that you know your camper better than we do, so we’ll let you decide if talking to your camper will make the situation better or worse. From there, we’ll work together to make a plan for your camper’s success.

**HOMESICKNESS**
Homesickness isn’t a bad word. It’s a normal part of life. In fact, according to the American Psychological Association, about 90 percent of young people reported feeling some sad feelings when spending time away from home. Homesickness can occur in varying levels, and many times, a little homesickness can be good for campers - by the end of the week, they’ll know it’s just one more thing they’re capable of getting through. Our staff are trained to work through homesickness with our campers.

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**OUR GOALS**
The YMCA of the USA has charged all YMCA camps to help change kids for the good by supporting the following outcomes at camp:

<table>
<thead>
<tr>
<th>Relationships</th>
<th>Achievement</th>
<th>Belonging</th>
</tr>
</thead>
<tbody>
<tr>
<td>We will help campers build positive relationships with each other and with our camp staff.</td>
<td>Camp will go beyond fun to challenge campers to grow while with us.</td>
<td>Our campers and staff will accept people for who they are and will help all feel like they belong at Camp Immokalee.</td>
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</table>
TYPICAL CAMP DAY
Camp days start early! Campers wake up around 7 to clean the cabin and get ready for the day. After breakfast, we'll head to different camper choice activities (explained below) until lunch. After lunch, we have rest period, more camper choice activities, camp store time, and a little cabin time to catch back up with cabinmates. Then we head to dinner, followed by a big group game, more camp store, then bed. Older campers will have the opportunity to stay out a little later for some extra activities. Lights out time is 9:30 for younger campers and 10:30 for older campers.

In an average day, campers will go to five activities they choose. On Sunday, they'll get to hear a little about each activity then sign up for two M-F activities, two MW activities, and two TR activities. Each morning, they'll choose another activity to try for just a day. Our ranch camp option takes up two of these activity periods each day, and the trail ride options takes up one period per week. If you feel strongly about having your camper participate in a certain activity, we recommend having a conversation with them before drop off!

To see our actual daily schedule and our activities, check out our website!

STAYOVERS
Campers registered for our two-week sessions will stay at camp Saturday night. We will not have Super Saturday trips for 2019. Instead, we're lining up some exciting activities just for our stayover campers. Laundry service is included in the stayover fee.

FOOD
Three hot meals a day are included in the camp cost. Meals start with Sunday dinner and end with Saturday breakfast (except for those staying over). Our menu varies week to week, but we're committed to serving kid-friendly food with healthy options. Our salad bar and breakfast bar will return for 2019.

To avoid getting critters in the cabin, we ask that campers not bring outside snacks to camp. Instead, they can purchase snacks daily from our camp store.
**CAMP STORE**

Campers will have the chance to visit our updated camp store twice per day. Here, they can purchase snacks, drinks, fun camp items, and essentials. Parents are invited to tour our camp store during check in so they can see our offerings.

Parents can add money to a camp store card when dropping campers off. Please bring cash, check, or card with you if you plan to add to your camper's card. This card will be kept in the office so we know your camper will have it when they need it. Cash will not be accepted, but if your camper runs out of money, we're happy to call or email you to see if you would like to add to the account.

At the end of the week, remaining balances over $10 will be refunded. Balances $10 and under will be donated to camp scholarships.

**OUR STAFF**

Immokalee campers live in the cabin with two qualified counselors. These counselors join our leadership team (director, assistant director, aquatics director, and head counselors) and kitchen staff in a great camp team. All counselors and leadership team members are 18+ and trained in First Aid/CPR/O2. Additionally, our counselors and leadership team complete online training and undergo a week-long in-person training covering a variety of topics such as homesickness, creating unity, talking to campers, and more.

All staff and volunteers undergo Level II background checks and are checked against the National Sex Offender Registry. Staff members must pass a drug test prior to employment.

**BEHAVIOR & BEHAVIOR MANAGEMENT**

It is the goal of the YMCA to provide a healthy, safe, and secure environment for all participants. Camp staff play a key role in ensuring that our programs are safe not only physically, but emotionally, and to create an open environment where youth can fine tune their skills and learn about themselves and how to navigate and function in the world. The core element to promoting this safe and supportive environment is for staff to be aware of youth’s developmental needs and then guide and support them to getting their needs met in a healthy and positive way.
The YMCA promotes behavior guidance and discipline through creating a supportive environment, developing structure and clear limits, promoting social and emotional learning, implementing skillful discipline, and addressing challenging behaviors. The YMCA uses positive discipline, which means staff promote desired behaviors through teaching and reinforcement. Staff will redirect or problem solve with youth when they are not displaying desired behaviors, rather than restrict behaviors by taking away opportunities or controlling youth with fear of punishment.

The YMCA Camp Immokalee staff does not use corporal punishment under any circumstances. While the YMCA will make every attempt to provide reasonable accommodations for all children, YMCA Camp Immokalee will not tolerate behaviors that cause (1) danger to selves or others, or (2) a disruption to the normal activities, making it impossible for other children to enjoy camp. (3) Bullying of any form and sort. Any of the above reasons will be grounds for dismissal from Camp Immokalee with no refund of tuition or fees paid.

Camp Immokalee has a no-tolerance policy for physical violence, social media bullying, use of cigarettes, alcohol, controlled substances, sexual activity, and fire arms, or any other action that places self, other children, or staff at risk. This applies to all staff, children, visitors, and parents while present at YMCA Camp Immokalee program sites.
RECOVERING: AFTER CAMP

MUST KNOWS

- Campers must be checked out by a parent or other adult listed in their registration. Adults must show a photo ID.
- If you are not picking up your camper, please keep your phone nearby during check out in case we need to call you and verify pick up.
- Campers under 16 cannot check out other campers.
- Campers will not be released to adults who camp staff believe to be under the influence of drugs and/or alcohol.
- Lost and found from around camp will be located in the dining hall. Parents are free to check.
- After check out, lost and found items will be stored at camp for one week. After that time, they will be donated.
- All medicine should be picked up in the dining hall.
- At check out, you will be able to reserve your spot for 2020 at a discounted price by paying a deposit ($150).
- A few days after you return home, you’ll receive a parent survey via email. This survey helps us make camp be the best it can be. We appreciate you taking the time to complete it!

ADDITIONAL INFORMATION AND HELPFUL HINTS

LOST AND FOUND
As mentioned above, lost and found from around camp will be in the dining hall. However, that doesn’t include lost and found from your camper’s cabin, which is often discovered and brought to us after campers have gone home. After checking out, parents are welcome to walk to the cabin to check the bathrooms, under the beds, the clotheslines, etc. to look for other items campers may have missed. Please remember to check out first so our staff can know who’s at camp.

If you realize you’ve left something and are unable to come get it, please call our camp office so we can arrange to ship it or have a friend bring it home.
ON THE WAY HOME
We're sure you'll want to hear all about camp as soon as you head home, but remember, camp days are full of activity and it's likely your camper is exhausted. Try to give your camper a little breathing room, but when they're ready to talk about camp, be ready to listen! We encourage you to ask questions like the ones below (preferably open-ended) to help you get a good picture of your camper's experience.

- Which activities did you choose? Are you glad you picked those?
- If you had to pick again now, what activities would you choose?
- What was your favorite evening activity? Least favorite?
- What kinds of activities did you do to bring your cabin closer together?
- What was your favorite meal? Least favorite?
- Who were some of your favorite counselors? Favorite CITs?
- If you could do it all over, what would you do differently?
- Do you want to go back next year?

CELEBRATIONS
We don't want to just be part of your family during the summer. We want to be part of your family year-round! If your camper has something they'd like us to celebrate with them during the school year, email us at CImmokalee@fcymca.org or call our office!

MORE CAMP
In addition to summer camp, we also offer a Winter Camp during winter break, and we're always looking to add new programs. Follow our Facebook page or add us to your email address book to stay updated on our events!
PACKING LIST

BRING:
- Bedding (for single bed)
- Pillow
- Water bottle
- Towels
- Washcloths
- Bathing suits
- Underwear
- Shorts
- Socks
- T-shirts
- Laundry bag or old pillowcase
- Flashlight
- Rain gear
- Tennis shoes
- Shower shoes
- Soap
- Toothbrush
- Toothpaste
- Shampoo
- Comb
- Brush
- Sunblock/suntan lotion
- Insect repellent

CONSIDER BRINGING:
- Hat or camp for sun protections
- Camera
- Stationary

LEAVE AT HOME:
- Phones and other electronics
- Weapons
- Tobacco products
- Illegal substances
- Fireworks
- Money
- Valuables

RANCH CAMP/TRAIL RIDE CAMPERS
Please pack jeans or other long pants.
CHECK IN GUIDE

SUNDAY

Wondering how check in will work? You’ll follow the steps below! If you have questions or concerns during check in, just ask a staff member! We’ll be wearing YMCA polos.

STEP 1: ARRIVAL

<table>
<thead>
<tr>
<th>TIME</th>
<th>CAMPER AGE</th>
<th>If bringing campers of various ages, please come at the earliest time.</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:00 - 2:45</td>
<td>7-10</td>
<td></td>
</tr>
<tr>
<td>2:45 - 3:15</td>
<td>11-13</td>
<td></td>
</tr>
<tr>
<td>3:15 - 4:00</td>
<td>13+</td>
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</tr>
</tbody>
</table>

Follow the signs to turn in the camp entrance, and camp staff will guide you to park in the field by our Airnasium. Leave your luggage in the car, make sure you grab your medicine and anything else you may need for check in, then head to the dining hall.

STEP 2: DINING HALL

Bathrooms and refreshments will be waiting in the Dining Hall. Once you’re ready to go, jump in line. In the dining hall, you’ll:

- Ensure all your paperwork and balance has been taken care of
- Meet with the nurse to turn in medicine and undergo a health check
- Meet our camp director and other staff
- Receive your cabin assignment
- See where your camper will eat for meals
- Have the opportunity to add money to your camp store account
- Have the opportunity to add Ranch Camp or a Trail Ride to your schedule
- Have the opportunity to learn more about some of our activities
- Have the opportunity to take a family photo
- Have the option to go with a staff member on a tour of camp

STEP 3: AIRNASIUM

Once you’ve been through all the stations in the Dining Hall, head back to your car to grab your camper’s luggage. Take it to the Airnasium and look for a staff member or CIT. We’ll tag your luggage and deliver it to your cabin.
STEP 3.5: CAMP STORE
Before heading to your cabin, we encourage you to visit our full camp store, located in our office (formerly the Rotary cabin), which is on the other side of our zipline. By making this extra stop, you’ll be able to see everything we can offer, which may help you make a decision about how much to add to your camper’s camp store account. You can also purchase items like t-shirts, sunscreen, chapstick, lanterns, and much more. (This will also give us more time to get your luggage to your cabin so you’re not waiting!)

STEP 4: CABIN
After finishing at the Dining Hall (and hopefully the camp store), you and your camper can walk to your cabin. Your counselors will be waiting to greet you and help your camper get to know the other campers in the cabin. Take time to make your bed and help your camper get comfortable.

STEP 5: DEPARTURE
Once you've got your camper moved in, it’s time to say goodbye. If you have any last questions, if you decide you do want a tour, or if you need to drop off any mail, feel free to return to the Dining Hall. We ask that parents wrap up and depart camp by 4:00 so we can get started with our next activity.

AFTER YOU LEAVE
Wondering what we’re going to do the first day? Here are some highlights.
- Meet for an all-camp welcome to go over camp rules, learn a few camp songs, meet the staff, and more
- Head to the pool for swim tests and free swim
- Sign up for activities (more information in the Program Handbook)
- Have an awesome first meal
- Get hype at our first evening activity
- Make s’mores, sing songs, watch skits, and more at our Opening Campfire
- Work together to create Cabin Contracts - rules that campers decide for their cabins

If you’re running late or if you have any questions, please contact us. If we don’t answer the phone immediately, it’s because we’re assisting other campers, but we’ll get back to you as soon as we can.

avining@fcymca.org 352.473.4213 601.831.2588 (call or text)
CHECK OUT GUIDE
SATURDAY 9:00 - 10:00

Before Saturday, think about who’s picking your camper up. Is that person on the pickup list? If not (or if you need to check), contact us at 352.473.4213 or CImmokalee@fcymca.org. Make sure to remind this person they’ll need a photo ID.

If you’re picking your camper up, make sure you grab your ID before leaving home!

STEP 1: ARRIVAL
Follow our signs to turn into camp, and look for the staff members directing parking. Once you’ve parked, head to the Dining Hall (does this sound familiar?).

STEP 2: DINING HALL
At the Dining Hall, a staff member will check your photo ID. You’ll then have the option to walk to the cabin to see your camper and talk to the counselors OR we can radio the camper to come meet you.

Additionally, you’ll be able to:
- Check the lost and found
- Speak to our leadership team and/or nurse
- Pre-register for next year (at a discounted rate) by putting down a $150 deposit
- Pick up any medicine
- See a slideshow of the week
- Meet with a staff member or CIT for a tour of camp

Feel free to come back to the Dining Hall after getting your camper so you can do these things together! However, it’s important to stop by the Dining Hall first so that we can check your ID and make sure we know who’s in camp.

STEP 3: AIRNASIUM
Once you have your camper, head to the Airnasium for luggage pick up. Luggage will be grouped by cabin, and a staff member or CIT will be there to assist.
STEP 3.5: CAMP STORE
Before leaving camp, feel free to check out our camp store to pick up any items your camper didn’t purchase during the week.

STEP 4: DEPARTURE
We invite you and your camper to walk around, see things, and share experiences before leaving! Once you’ve done that, you’re finished!

AFTER CAMP
Camp doesn’t end with your session! We’re still here to support you and your camper. Please give us a call if you get home and realize you’re missing something or if you have any other questions, suggestions, or concerns.

A few days after the session, you’ll receive an email with a link to a parent survey. These surveys help us make camp the best it can be, so we appreciate you taking the time to fill it out!

We want to be a part of you and your camper’s lives for more than just summer, so please keep us in the loop! Reach out and let us know about your camper’s successes so we can celebrate alongside you and your camper’s challenges so we can provide support. To stay up to date with us, like us on Facebook.

CImmokalee@fcymca.org
avining@fcymca.org
352.473.4213

6765 Immokalee Rd.
Keystone Heights, FL 32656
CAMP IMMOKALEE
Parent to Counselor Letter

The information that you provide on this form will be reviewed by the cabin counselors in order to help them best prepare to meet the needs of your camper while they are at camp. While the information requested on this form is primarily of a general nature, we would encourage you to write [or call] the Camp Director if you would like to share private concerns.

GENERAL INFORMATION

NAME OF SCHOOL CAMPER IS CURRENTLY ATTENDING

GRADE COMPLETED BY JUNE 1 ______________________ NUMBER OF PREVIOUS YEARS AT CAMP IMMOKALEE?

FAMILY RELIGION ______________ PROTESTANT ______________ JEWISH ______________ CATHOLIC ______________ NONE ______________ OTHER (SPECIFY) ______________

Correspondence regarding this camper should be sent to:

NAME __________________________ STREET ADDRESS __________________________

CITY __________________________ STATE ______ ZIP CODE ______

HOME LIFE

CAMPER LIVES WITH __________ BOTH PARENTS _______ MOTHER _______ FATHER _______ GRANDPARENT(S) _______ OTHER (SPECIFY) ______________

PARENT’S ARE __________ MARRIED _______ SEPARATED _______ DIVORCED _______ REMARRIED _______ WIDOWED

Other children:

NAME __________________________ AGE _______ GENDER [ M / F ] _______ [ Y / N ] _______ SAME TIME _______ DIFFERENT TIME

_________________________________________

[ M / F ] _______ [ Y / N ] _______ SAME TIME _______ DIFFERENT TIME

_________________________________________

[ M / F ] _______ [ Y / N ] _______ SAME TIME _______ DIFFERENT TIME

Give a brief description of your child. Include anything you feel will help us understand him/her. Have there been any recent major changes in his or her life - a move, death or separation, birth of a sibling? Is your child currently receiving counseling or has he or she received counseling in the past? Our ability to help your child will be enhanced by your candor in sharing such information.

_________________________________________

_________________________________________

_________________________________________

_________________________________________

Please complete both sides of this form.
In what ways can we assist in your child’s development of positive attitudes and habits?

Please list any special interest in program activities that the camper has:

Each camper’s experience at camp is somewhat different. Please tell us what you hope your child will gain from their summer experience. What are your goals for him/her?

Are there any particular activities or programs that your child might like to participate in while at camp?

What type of leader, or style of leadership, does your child work with best?

**HEALTH AND MEDICAL**

(please be sure that this information is also indicated on the health form; the medical staff does not see this form.)

Camper Height Camper Weight

Please list any medications the camper is taking and what the medications are for. (Please note that all medications, even non-prescription, must be secured at the Health Care Center and administered by a staff member.)

Please circle any of the following tendencies that merit watching or special attention and provide additional information below:

- Bed-wetting
- Food allergies
- Tires easily
- Sleepwalking
- Dietary concerns
- ADD/ADHD
- Constipation
- Nightmares
- Fainting
- Asthma

Other comments:

Does the camper have any special dietary needs or are there any eating habits that should be monitored (foods they will not eat, food allergies, unusual dietary habits, etc.)?

**MISCELLANEOUS**

Is there anything that has not been previously covered that you would like us to know about your child? (Please feel free to attach additional sheets as needed.)

__________________________

This form completed by

__________________________

Relationship to camper
CAMP IMMOKALEE
Camper to Counselor Letter

This letter to your cabin counselor will help him/her get ready for your arrival at camp. The information you provide will help your counselors get to know you better. Your counselors will also use some of the information to help them plan afternoon activities for you and your cabin mates. (Younger campers may need parental help in completing this letter.)

Dear Counselor:

My full name is ____________________________, but my friends just call me ____________________________.
The things I like to do most with my friends are _____________________________________________.

What I like most about school is ________________________________________________________.
and what I like least about school is ____________________________________________________.

Most of my friends would probably describe me as someone who is _____________________________.
If you were to ask my best friend about me, they would say that _____________________________.
The qualities I like most in people are ____________________________________________________.
My best friends are people whom ________________________________________________________.

I am coming to Camp Immokalee because ________________________________________________.

The kind of counselor I would like to have most is one that _________________________________.
As my counselors, I also want you to know that _____________________________________________.

When I get to Camp Immokalee, the things I want most to achieve or accomplish are _________________________________.

I understand that I am coming to YMCA Camp Immokalee to develop new skills, be a good sport and have a good time. I understand that there are camp guidelines that I must follow in order for everyone to have a safe and fun time. I agree to abide by YMCA Camp Immokalee’s rules including being considerate of my cabin mates, cooperating with my counselors and practicing good health habits and personal hygiene. I agree not to have any illegal drugs, firearms, weapons or alcohol while participating in Camp Immokalee programs.

CAMPER SIGNATURE

Former campers, please complete additional questions on the back of this form.
Former campers only.
If you have previously been a camper at YMCA Camp Immokalee, please complete the information below.

While at camp during the previous summer(s), the things which helped me grow the most were:

__________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________

I have decided to return to camp because:

__________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________

How did your camp help you during the school year?

__________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________

What concerns do you have about returning to camp for another year?

__________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________

What was the best part about your last summer at camp?

__________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________

What was the worst part about your last summer at camp?

__________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________

If you could change anything about camp, what would it be?

__________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________

Thank you for taking the time to provide your counselors with this information.